



TITLE: Mineral composition, antioxidant and cytotoxic biopotentials of wild-growing *Ganoderma* species (Serbia): *G. lucidum* (Curtis) P. Karst vs. *G. applanatum* (Pers.) Pat.

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**Antioxidant and cytotoxic biopotentials of wild-growing *Ganoderma* species:
G. lucidum (Curtis) P. Karst, *G. applanatum* (Pers.) Pat. from Serbia**

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4 1 **Antioxidant and cytotoxic biopotentials of wild-growing *Ganoderma* species:**
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7 2 ***G. lucidum* (Curtis) P. Karst, *G. applanatum* (Pers.) Pat. from Serbia**
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30 11 **ABSTRACT**
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32 12 Since biochemical composition of fungal species may be significantly affected by geographical
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34 13 origin of the specific fungal strain that produce fruit body (basidiocarp), the aim of this work was
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37 14 to analyze mineral composition and chemical profile of two wild-growing medicinal fungal
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39 15 species: *G. lucidum* and *G. applanatum* originated from the Fruška Gora low Mountain chain
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41 16 (Serbia) versus their antioxidant (ABTS and A.E.A.C. assay) and cytotoxic biopotentials (MTT
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43 17 assay on MCF-7). Both species were analyzed for their content of macro and micro-elements
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45 18 determined by atomic absorption spectroscopy (AAS), while phenolic profile of ethanolic
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47 19 (EtOH) and aqueous (H₂O) extracts was examined by liquid chromatography coupled with mass
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49 20 spectrometry (LC-MS/MS).
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54 21 Both species mostly contained the following ions: K⁺ > Ca²⁺ > Mg²⁺ > Mn²⁺ > Zn²⁺ > Cu²⁺ > Cr³⁺
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56 22 > Ni²⁺ > Pb²⁺ > Cd²⁺ > Fe²⁺. Among nine phenolic compounds, vanillic acid was the most present
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59 23 in both extracts of *G. applanatum* while in *G. lucidum* protocatechuic acid and quinic acid were
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4 24 mostly contained in EtOH extract and H₂O extract, respectively. *G. applanatum* EtOH extract
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6 25 showed the best reducing power of Fe³⁺ ions and ABTS[•] radical scavenging activity and was also
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9 26 the richest in total phenolic and flavonoid content. Moreover, *G. applanatum* EtOH extract
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12 27 showed the best cytotoxic effect after 72 h.

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14 28 Correlations between phenolic profile and biopotentials pointed to the significant impact of
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16 29 detected compounds on demonstrated activities. *G. applanatum* EtOH extract possess the highest
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19 30 biopotentials hence might be considered as a candidate for preparing new food and
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21 31 pharmaceutical supplements.

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23 32 **Key words:** antioxidant activity, cytotoxicity, *Ganoderma*, LC-MS/MS, micronutrients, vanillic
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26 33 acid

27 28 34 **Abbreviations**

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31 35 AAS (atomic absorption spectrophotometry), A.E.A.C. (Ascorbate Equivalent Antioxidant
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33 36 Capacity assay), AA (ascorbic acid), AAE (Ascorbic acid equivalent), ABTS (scavenging effect
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35 37 on ABTS[•] radical), BRM (biological response modifiers), DMSO (dimethyl sulfoxide), d.e. (dry
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37 38 extract), d.w. (dry weight), EC₅₀ (50% effective concentration), eq (equivalents), EtOH
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39 39 (ethanolic extract), FC (Folin-Ciocalteu reagent), GA (galic acid), GAE (gallic acid equivalent),
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41 40 GLPS (*Ganoderma lucidum* polysaccharide), H₂O (aqua/water extracts), LC-MS/MS (liquid
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43 41 chromatography coupled with mass spectrometry), LoD (limit of detection), LoQ (limit of
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45 42 quantitation), MeOH (methanolic extract), Q (quercetin), QE (quercetin equivalents), RSC
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47 43 (radical scavenging capacity), SD (standard deviation), TF (total flavonoid content), TE (Trolox
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49 44 equivalent), TP (total phenol content)

50 51 52 46 53 54 47 **INTRODUCTION**

55
56 48 *Ganoderma lucidum* (Curtis) P. Karst. (1881) and *Ganoderma applanatum* (Pers.) Pat. are white-
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59 49 rot lignicolous fungal species, mainly growing on deciduous trees (oak, beech, chestnut, maple)

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4 50 and degrade lignin and cellulose in the wood mass, by using it as a main source of organic matter
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7 51 for their heterotrophic nutrition. In the Far East, the mostly investigated and best-known
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10 52 medicinal mushroom *G. lucidum* has been used for thousands of years in the alternative
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12 53 treatment of various diseases states (Paterson, 2006). Both *Ganoderma* medicinal fungal species
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14 54 have been already known to be wealth in polysaccharides (β -D-glucanes) (Batbayar et al., 2011),
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16 55 terpenes (ganoderic acid, ganoderiol F, ganodermanthriol) (Karaman et al., 2012), proteins (Ling
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19 56 Zhi-8 protein), phenols (flavonoids, phenolic acids) (Ferreira et al., 2009) and other secondary
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21 57 metabolites responsible for their biological effects such as antioxidant (Ferreira et al., 2009),
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24 58 antiviral, antibacterial, cytotoxic, anti-inflammatory and immunostimulatory (Batbayar et al.,
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26 59 2011).

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29 60 The ability and great potentials of perennial basidioms of lignicolous fungal species for
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31 61 accumulation of absorbed metals through mycelia indirectly, from the soil, through the wood, to
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34 62 their fruit bodies make these wood-decaying fungal species good sources of metal ions e.g.
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36 63 micronutrients which functional role is to act as catalisators or cofactors of various enzymes for
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39 64 fungal metabolism to be carried out (Manavalan et al., 2015).

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41 65 Considering direct or indirect impact of oxidative stress to emerging development of many
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44 66 diseases (Kaur et al., 2011), natural antioxidants are the focus of contemporary scientific
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46 67 investigations. However, undisputed antioxidant activity of *G. applanatum* and *G. lucidum*
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48 68 (Ferreira et al., 2009; Zengin et al., 2015) cannot be attributed confidently to specific compound.
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51 69 Namely, it is considered that any biological effect is a consequence of the present synergism of
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53 70 all components (Yang et al., 2014). Considering recent literature data, the antioxidant effect of
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56 71 medicinal mushrooms is due to the presence of various phenolic compounds (Yildiz et al., 2015),
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4 72 but also to some non-phenolic compounds, specifically referring to the terpenes (Ma et al., 2011)
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6 73 and polysaccharides (Heleno et al., 2012) depending on investigated activity.
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9 74 Fungal metabolites were also documented to possess cytotoxic activities against different cancer
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11 75 cell lines by expressing multi-level inhibitory effect on breast, prostate and colon cancer as well
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13 76 as on human hepatoma cells (Cheng and Sliva, 2015). There are evidences that the mechanism of
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15 77 this activity is based on inhibition of cell growth and induction of apoptosis of the secretion of
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17 78 vascular endothelial growth factor and angiogenesis by prevention of cell migration (Cheng and
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19 79 Sliva, 2015). Low molecular weight compounds is assumed to be the major secondary
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21 80 metabolites which influence the processes of apoptosis, angiogenesis, metastasis, cell-cycle
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23 81 regulation and signaling cascade reaction (Hu et al., 2002; Nguyen et al., 2015).
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31 82 In addition, high-molecular weight compounds (polysaccharides, polysaccharid-protein
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33 83 complexes) from medicinal mushrooms are very significant for exhibition of antitumor activity,
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35 84 due to their increased solubility in water (Zeidman et al., 2005). These molecules are also well-
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37 85 known to promote their antitumor activity in animals and humans acting as immune modulators -
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39 86 biological response modifiers (BRM), since they promote natural and acquired immunity of host
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41 87 organism itself. BRMs are isolated from over a 30 fungal species up to date, but only few have
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43 88 been found their path to clinical researches, among them, GLPS-polysaccharide from *G. lucidum*
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45 89 (Paterson, 2006). Three potential mechanisms for *Ganoderma* polysaccharides have been
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47 90 declared recently for anticancer effect by stimulation of immune cells themselves, leading to
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49 91 mononuclear leukocyte production of cytokines (or cytotoxic T-lymphocytes) and by production
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51 92 of interleukin 2 and activation (Kao et al., 2013; Paterson, 2006), stimulation of the production
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53 93 of macrophages, NK cells, and T-lymphocytes, antioxidative action and prevention of DNA
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55 94 strand breaks (Kao et al., 2013). Basic *Ganoderma* bioactive polysaccharides are β -(1-3)-D-
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95 glucopironan with 1-15 units of β -(1-6) monoglycosil - branched chains, along with
96 glycoproteins and heteropolysaccharides ganoderans A, B and C (Camargo and Kaneno, 2011).
97 Triterpenes of lanostane skeleton have been shown to inhibit growth and invasive behavior of
98 cancer cells, by induction of cell cycle arrest at the G1 phase by the down-regulation of Cyclin
99 D1, and at the G2 phase by suppressing the activity of PKC as well as by induction of apoptosis
100 in cancer cell lines via mitochondria-dependent pathways followed by activation of the caspase
101 cascade and also act as an anti-oxidant by scavenging free radicals and enhancing innate anti-
102 oxidant enzymes (Kao et al., 2013).

103 Considering all the above facts about medicinal features of *Ganoderma* species world
104 over, taking into account that they are also present as autochthonous fungal species in the Balkan
105 region, including Serbia, the aim of this study was to investigate the chemical characterization
106 and antioxidant and cytotoxic potentials of these two *Ganoderma* species strains (*G. lucidum* and
107 *G. applanatum*) as possible novel potent sources of natural bioactive substances that could be
108 used as nutraceuticals and pharmaceuticals in regular medicinal treatment in the futures.

109

110 **MATERIALS AND METHODS**

111 **Fungal material**

112 The whole mature air- dried basidioms of wild-growing fungi: *Ganoderma applanatum* (Pers.)
113 Pat. 1887 and *Ganoderma lucidum* (Curtis) P. Karst. 1881 were collected at the locality Morović
114 woods (Fruška Gora, Serbia) on September in a year 2010. Fungal species were determined at
115 Department of Biology and Ecology, Faculty of Natural Sciences and Mathematics, University
116 of Novi Sad by authority of Maja Karaman and both voucher species were deposited at

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4 117 Herbarium of the University of Novi Sad - BUNS Herbarium, under number (12-00714, 12-
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6 118 00715).

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10 11 120 **Preparation of fungal extracts**

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14 121 All experiments were performed using EtOH and H₂O extracts of both fungal species. Powdered
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16 122 samples (30.00 g) of dried basidioms were macerated with 300 ml of 95% ethanol on a rotary
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18 123 shaker (Sekljalnik S400 W Chopper, Gorenje) for 72h at 120 rpm, for EtOH extracts. Maceration
19
20 124 for H₂O extracts was performed with boiled distilled water, followed by incubation at 80 °C for
21
22 125 60 min in water bath (Elektromedicina, Ljubljana, Slovenia). Obtained organic filtrates of EtOH
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24 126 extracts were rotary-evaporated (unit Büchi R-210, Flawil, Switzerland) at 35 °C to dryness,
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26 127 whereas H₂O extracts were lyophilized (Christ Alpha 1-2 LD Freeze Dryer, Switzerland) for 72-
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28 128 96h at ice condenser temperature –55 °C. All extracts were stored at +4 °C prior to analysis, after
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31 129 process of freeze-drying reaching final concentration at 10% (w/w).
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37 38 131 **AAS detection of macro- and micro-elements**

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40 132 Preparation of sample solutions and determination of selected macro- (K, Ca and Mg) and micro-
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42 133 elements (Cu, Ni, Cd, Pb, Cr, Mn, Fe and Zn) were determined in powdered samples of *G.*
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44 134 *applanatum* and *G. lucidum* by flame AAS. Approximately 0.3 g of oven-dried (70 °C for 24h)
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46 135 material were ground and homogenized in a laboratory mill and then digested in 10 ml of nitric
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48 136 acid and 2 ml 30% (w/v) hydrogen peroxide using a microwave-assisted digestion system (D
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50 series; Milestone, Bergamo, Italy) for 45 min at 180 °C with power of microwave of 900 W.
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52 137 Homogenates were then diluted to 25 ml with deionized water. Pre-treated samples were
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54 138 processed by Atomic Absorption Spectrophotometer (model FS AAS240/GTA120, Varian)
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4 140 using the acetylene/air burner flame technique (with an atomization temperature of about 2300
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6 141 °C) for Cu and Mg quantification, while a nitrous oxide (N₂O)-acetylene flame (with a
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9 142 temperature of about 2700 °C) was used for Ca content determination. By using single element
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11 143 hollow-cathode lamps concentrations of Cu, Mg and Ca were determined at 324.8, 285.2 and
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13 144 422.7 nm, respectively and expressed in mg/kg dry weight (DW) of fungi material.
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19 146 **LC-MS/MS screening of the selected phenols**

21 147 Screening of selected phenolic compounds was performed according to Orčić *et al.* (2014). The
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23 148 Agilent 1200 series liquid chromatograph was used for separation of all analyzes, using a Zorbax
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25 149 Eclipse XDB-C18 RR 4.6mm x 50mm x 1.8mm (Agilent Technologies) reversed-phase column
26
27
28 150 held at 40 °C. Detection was carried out by means of Agilent series 6410B Triple Quad tandem
29
30 151 mass spectrometer with electrospray ionization (ESI). MassHunter ver. B.03.01. software
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32 152 (Agilent Technologies) was used for instruments control and data analysis. The binary mobile
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34 153 phase consisted of 0.05% formic acid(A) and methanol (B) and was delivered at a flow rate of 1
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36 154 mL/min. Gradient elution was performed using the following solvent gradient: starting with
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38 155 70%A/30% B, reaching 30%A/70%B in 6.00 min, then 100%B at 9.00 min, holding until 12.00 min,
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41 156 with re-equilibration time of 3 min. The injection volume for all samples was 5 mL. ESI
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43 157 parameters were: drying gas (N₂) temperature, 350 °C; flow, 9 L/min; nebulizer gas pressure, 40
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45 158 psi; capillary voltage, 4 kV, negative polarity. All compounds were quantified in dynamic MRM
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47 159 mode (multiple reaction monitoring mode). Compound-specific, optimized LC-MS/MS
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49 160 parameters are given in (supplementary data). The mix of stock solutions was prepared, with
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51 161 concentration of each compound being 100 mg/mL, and then, subsequently serially diluted in
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53 162 methanol-water (3:7), giving working standard solutions with concentration ranging from 0.0015
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4 163 $\mu\text{g/mL}$ do 25.0 $\mu\text{g/mL}$, which were used for construction of the calibration curves.
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7 164 Concentrations of standard compounds in extracts were determined from the peak areas by using
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9 165 the equation for linear regression obtained from the calibration curves (R^2 gt; 0.995).
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12 13 14 167 **Antioxidant activity analysis**

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16 168 Antioxidant activity was determined by standard antioxidant assays, considering examination of
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19 169 scavenging activity to ABTS' radical according to Arnao *et al.* (2001) and reducing power of
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21 170 fungal extracts (Ascorbate Equivalent Antioxidant Capacity-A.E.A.C. assay) according to Yen
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23
24 171 and Chen (1995). Ascorbic acid for A.E.A.C. and trolox for ABTS' were used to construct the
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26 172 standard curve, and results were expressed as mg ascorbic acid equivalents/g of dry weight (mg
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29 173 AAE/g d.w.) and mg trolox equivalents/g of dry weight (mg TE/g d.w.). Each analysis was
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31 174 performed three times.
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34 35 36 176 **TP and TF content**

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38 177 TP and TF were determined according to Singleton *et al.* (1999) and Chang *et al.* (2002). All
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41 178 assays were measured on spectrophotometer (Multiscan EX Thermo LabSystems, RS-232C,
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43 179 Model 355. (ThermoLabSystems, Helsinki, Finland). Absorbance was read at 690 nm. TP is
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46 180 expressed as mg gallic acid equivalents/g of dry weight (mg GAE/g d.w.).
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48 181 Absorbance was measured at 414 nm, after incubation of 30 min. The results are expressed as
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51 182 mg quercetin equivalents/g of dry weight (mg QE/g d.w.).
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54 55 184 **Cytotoxic activity / MTT assay** 56 57 58 59 60 61 62 63 64 65

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4 185 Antiproliferative activity of EtOH and H₂O fungal extracts was evaluated on estrogen-
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7 186 dependent breast cancer cell line (MCF-7) according to Mosmann (1983). Ellagic acid and
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9 187 DMSO were used as negative control agents. Cancer cells viability was monitored during the
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12 188 incubation period of 24h (acute) and 72h (chronic) for extracts concentrations in the range from
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14 189 50–250 µg/mL.

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16 190 Cell cytotoxicity was expressed as a percentage of the corresponding control value. The
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19 191 50% effect concentration (EC₅₀) values, defined as the concentration that inhibits 50% of cell
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22 192 growth were extrapolated from concentration-response curves.

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29 195 The data were reported as mean values ± standard deviation (SD). EC₅₀ values were determined
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31 196 by the linear regression analysis of obtained RSC and values of the concentration of TP and TF
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34 197 (Microsoft Excel programme for Windows, v.2007 and Origin 8). Statistical analysis was
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36 198 determined using one-way analysis of variance (ANOVA) using software system STATISTICA
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39 199 (StatSoft, Inc. (2011), version 10.0 (www.statsoft.com)). The differences between control and
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41 200 experimental samples were determined by the Tukey's test.

42 43 44 201 **RESULTS AND DISCUSSION**

45 46 47 202 48 49 203 **AAS detection of selected macro- and micro-elements**

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51 204 Results obtained for macro- and micro-elements of *Ganoderma* species are presented in **Table 1**.
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54 205 Among analyzed macro-elements, the content of Ca²⁺ and K⁺ examined in both analyzed species
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56 206 was for twice to three time higher than for Mg²⁺ ions, indicating them to be the most relevant for
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59 207 fungal organism. Both species of fungi mostly accumulated heavy metal ions of Zn²⁺, Mn²⁺,

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4 208 Cu^{2+} ($\approx 20 \mu\text{g/g d.w.}$) and Cr^{3+} ($\approx 18 \mu\text{g/g d.w.}$) while Cd^{2+} and Fe^{2+} were detected in very low
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7 209 quantity (**Table 1**). Namely, *G. applanatum* was the richest in Ca^{2+} (2.62 mg/g d.w.), followed
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10 210 by K^+ (2.18 mg/g d.w.) and Mg^{2+} (0.91 mg/gd.w.) while *G. lucidum* contained mostly K^+ (3.66
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12 211 mg/g), followed by Ca^{2+} (1.66 mg/g) and Mg^{2+} (0.84 mg/g).
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14 212 Among all detected heavy metals, only Cr^{3+} was present in the largest amount in both species,
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16 213 resulting in 8/5 times and 20/10 higher abundance of this element in comparison to Pb^{2+} and
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18 214 Cd^{2+} in *G. applanatum*/*G. lucidum*, respectively. In general, *G. lucidum* has proved to be
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20 215 slightly better accumulator of microelements than *G. applanatum* (except Mn^{2+}).
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24 216 Results obtained for all elements, that comprise the similar amount of detected ions in
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26 217 both fungal species, can be explained by a consequence of common habitat features that have
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28 218 significant impact on qualitative and quantitative mineral contents of fungi. This supports the
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30 219 fact that lignicolous (wood-decaying) fungi absorb ions both directly from the substrates they
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32 220 grow on (wood) and indirectly from the soil where wood grows.
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36 221 These results were in accordance to previously reported data (Karaman and Matavulj,
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38 222 2005) for lignicolous fungi since both *Ganoderma* species expressed the affinity for the
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40 223 accumulation of macro elements such as K^+ and Ca^{2+} . The species *G. applanatum* showed almost
41
42 224 two times higher accumulation ability for Ca^{2+} than *G. lucidum*, which probably indicate its high
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44 225 content level in wood substrata.
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48 226 According to recent review for trace element contents in European fungal species (Kalač,
49
50 227 2010), results obtained in this paper for *G. lucidum* mainly agree for all examined metals, except
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52 228 for Cr^{3+} and Fe^{2+} (**Table 1**). In the present study the content of Cr ions was almost four times
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54 229 higher than maximal value recently reported (5 $\mu\text{g/g d.w.}$) while the content of Fe^{2+} was about
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56 230 100 times lower ($\approx 30\text{-}50\mu\text{g/g d.w.}$) for the same species (Kalač, 2010). These results are not in
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231 accordance with results obtained before (Kalač, 2010; Karaman and Matavulj, 2005) hence
232 indicate autochthonous *G. lucidum* species as super accumulator of Cr³⁺ ions.

233 Considering results obtained in relation to earlier data from the same geographical origin
234 (Karaman and Matavulj, 2005), but different habitat, it is clear that environmental habitat
235 properties, which can be also related to pollution, could be the main influence factors for a level
236 of metal content in fungal basidioms. Furthermore, analyzed species could have a strong
237 potential in biomonitoring of atmosphere and especially soil pollution (Karaman and Matavulj,
238 2005).

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240 **LC-MS/MS screening of selected phenols**

241 Forty-five phenolic compounds were quantified using LC-MS/MS technique, among
242 which nine of them were detected in *G. applanatum* and *G. lucidum* extracts. Amounts of
243 detected phenolic compounds are presented in **Table 2**. However, examined compounds, which
244 could not be quantified, might be present in amount lower than the limits of quantification
245 (LOQ).

246 Generally, phenolic profile was dependent of fungal species and type of extracts resulting
247 in nine phenolic acids and aesculetin, derivate of coumarin. Only, *G. applanatum* EtOH
248 contained all detected phenolic compounds. Protocatechuic and quinic acids were detected in all
249 examined extracts, while p-coumaric and caffeic acids were present only in EtOH extracts of
250 both fungal species. The phenolic acid p-hydroxibenzoic acid was detected in EtOH extract of *G.*
251 *applanatum* as well as in both, EtOH and H₂O extracts of *G. lucidum*. Syringic acid was present
252 in both extracts of *G. applanatum*, while in *G. lucidum* was not detected. Vanillic acid, gallic

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4 253 acid and aesculetin were detected in both *G. applanatum* extracts and in EtOH one of *G.*
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6 254 *lucidum*.

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9 255 Generally, vanillic acid showed the highest content in both EtOH and H₂O extract of *G.*
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11 256 *applanatum* (11.40 µg/g and 4.50 µg/g d.w.), while protocatechuic acid (22.20 µg/g d.w.), was
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14 257 detected in largest amount in EtOH extract of *G. lucidum* and quinic acid (2.5 µg/g d.w.) in H₂O.

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16 258 Previously detected phenolic components of *G. lucidum* were the following phenolic
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19 259 acids and flavonoids: protocatechuic acid, gallic acid, 5-sulfosalicylic acid, quercetin,
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22 260 kaempferol, myricetin, catechin, hesperetin, pyrogallol, γ-tocopherol (Kim et al., 2008; Yildiz et
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24 261 al., 2015; Zengin et al., 2015). In this paper the presence of only two phenolic acids was
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26 262 confirmed (protocatechuic and gallic acids), but also the existence of others such as p-OH-
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29 263 benzoic, p-coumaric, vanillic, caffeic, quinic and siringinic acids, and aesculetin, a derivative of
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31 264 coumarin.

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36 266 **Antioxidant activity**

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39 267 Based on results obtained (**Table 3**) for ABTS assay, EtOH extracts demonstrated better
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41 268 scavenging effect than H₂O extracts for both fungal species, among which EtOH extract of *G.*
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44 269 *applanatum* has pronounced the greatest activity (328.80mg TE/g d.w.). Moreover for A.E.A.C.
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46 270 assay, the same extract showed the highest reducing power of Fe³⁺ ions (143.26 mg AAE/g
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48 271 d.w.). Generally statistical analysis separated extracts for all assays performed, including TP and
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51 272 TF content in the following order: *G. applanatum* EtOH > *G. lucidum* EtOH > *G. applanatum*
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53 273 H₂O > *G. lucidum* H₂O. Hence, the species *G. applanatum* proved to be better source of natural
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56 274 antioxidative agents than *G. lucidum*.

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275 According to results of Karaman *et al.*, 2010 *G. lucidum* showed greater antioxidant
276 capacity than *G. applanatum*, which is not proved by our results. However, the fact that different
277 extracts were analyzed before (MeOH and chloroformic) in comparison to the EtOH and H₂O in
278 this study, we assumed that various fungal components could be isolated by different solvents
279 applied, causing different effects on antioxidative activities. Furthermore, biochemical and other
280 biopotentials of wild-growing macrofungi are highly influenced by geographical origin,
281 environmental and habitat factors of the specific species. Furthermore, according to Lee *et al.*,
282 2007 EtOH fungal extracts showed better antioxidant activities than H₂O ones, what is also
283 confirmed by our results.

284 Statistically significant positive correlation coefficient (R^2 , $p < 0.05$) between antioxidant
285 assays and TP and TF content obtained (**Table 3**), supports previously reported data (Liu *et al.*,
286 2009; Slivova *et al.*, 2004).

287 According to higher obtained TP and TF content for EtOH extracts (**Table 3**), we
288 assumed that the polarity of the extraction solvent mostly affect the level of phenolics (Karaman
289 *et al.*, 2010; Rajasekaran and Kalaimagal, 2011). These results for TF could be also explained by
290 the higher presence of metal ions in basidioms since they can have tendention to complex
291 flavonoids (e.g. Cr³⁺; that was measured in the highest amount) (Nagaraj *et al.*, 2014). Moreover,
292 these correlations could explain the impact of phenolic acids as the main compounds dedicated to
293 the manifested antioxidative activities, especially in ABTS assay, what is in agreement of data of
294 Zengin *et al.* (2015) who obseved strong correlation between the TP content and RSC. The best
295 antioxidative activity obtained for *G. applanatum* EtOH extract could be also connected with the
296 highest phenolic quantity of polyphenolic constituents in this extract (**Table 2**).

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4 297 Lower correlations, but statistically significant ($R^2 < 0.5$) noticed for both extracts of *G.*
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6 298 *applanatum* for A.E.A.C. assay (**Table 3**) could be the consequence of impact of some other
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9 299 non-phenolic compounds to this Ferric chelating activity and its possible mechanism of obtained
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11 300 activities.

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14 302 **Cytotoxic activity**

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16 303 For both fungal species, EtOH extracts showed higher antiproliferative activity than H₂O ones,
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19 304 which can be explained by higher content of phenolics in EtOH extracts and can be realized by
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22 305 the highest correlations obtained between cytotoxic activity and TP and TF in examined fungal
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25 306 extracts (**Table 4**). A lower correlation for TF and cytotoxic activities indicates minor effects of
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28 307 flavonoids to demonstrated activities. The other possible compounds that may have strong
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31 308 cytotoxic effects of *Ganoderma* species are triterpenes, such as ganoderic acids (ganoderic acid
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34 309 AM₁, B, D, F and K) which have been previously detected in *G. lucidum* (Cheng et al., 2010;
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36 310 Yue et al., 2010) and correlated with activation of estrogen receptors (Shimizu et al., 2009). The
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38 311 possible mechanism of antiproliferative activity of EtOH extract of *G. lucidum* on MCF-7 can be
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41 312 explained by apoptosis in human breast cancer cells which might be mediated through up-
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43 313 regulation of pro-apoptotic BAX protein pathway (Hu et al., 2002).

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46 314 However, there is the assumption that the polysaccharides are responsible for the
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48 315 antiproliferative activity of examined H₂O extracts, while terpenoids are even thought to lead to
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51 316 a proliferative effect on MCF-7 cells (Shimizu et al., 2009), although such a proliferative activity
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53 317 was not presented in this study.

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55 318 *G. lucidum* extracts demonstrated the best acute cytotoxicity (24h) (148.40 µg/mL) what
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58 319 is in accordance with data for *G. lucidum* (Hu et al., 2002; Shimizu et al., 2009; Kao et al., 2013;
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320 Yue et al., 2006), while *G. applanatum* showed the best chronic cytotoxic activity (72h) (**Table**
321 **4**). EtOH extracts of *G. lucidum* showed three time stronger inhibition effect on proliferation
322 ($EC_{50}=148.40\pm 1.03\mu\text{g/mL}$) than for the same extract type for Chinese species previously
323 described ($EC_{50}=521\mu\text{g/mL}$) (Cheng et al., 2010).

324 According to lower EC_{50} values obtained, *G. applanatum* species seems to possess better
325 cytotoxicity effects than *G. lucidum* especially EtOH extracts after 72h ($EC_{50}=84.71\pm 1.01$
326 $\mu\text{g/mL}$) which cytotoxic activity was similar to ellagic acid (**Table 4**), which can be attributed to
327 the wealthy phenolic profile of this species determined in this study or terpenoid profile that
328 should be investigated in the future.

329
330 **Conclusion**

331 In conclusion, after investigation of two autochthonous *Ganoderma* species on their
332 antioxidant and cytotoxic biopotentials, the impact of phenolic compounds such as vanillic,
333 protocatechuic and p-hydroxybenzoic phenolic acids is of the main importance. Beside phenolic
334 acids in cytotoxic activities also some other compounds may contribute to their activities. Fungal
335 phenolic compounds may be easily extracted and applied for therapeutic purposes in the form of
336 functional ingredients, preferably for chronically diseases which are associated with oxidative
337 stress.

338 Determination of eleven macro- and micronutrients with domination of: Cr, Cu, Mn and
339 Zn ions pointed to *Ganoderma* species as good sources of micro nutrients that can be applied in
340 regular human diet.

341 In general, *G. applanatum* has demonstrated better biopotential as a source of natural
342 products such as antioxidant and anti-cancer agents than *G. lucidum*, which could point to this

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343 species in a manner of extraordinary source of fungal pharmaceuticals. Despite the fact that both
344 *G. lucidum* and *G. applanatum* species are the favorable subject of numerous scientific studies
345 that confirm their benefits as nutraceuticals, there are many *Ganoderma* strains that are still
346 unexplored.

347 Furthermore, the investigations of chemical profile and bio-potential of autochthones
348 species from different geographical regions is of great importance worldwide. They should
349 combined biological and chemical investigations about their mycochemical profile, and
350 biotechnological potentials as food supplements or remedies.

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Table 1 Content of macro - and micro-elements of two *Ganoderma* species

Fungal species	macro-elements (mg/g)								
	K ⁺	Ca ²⁺			Mg ²⁺				
<i>G. applanatum</i>	2.18±0.17 ^a	2.62±0.31 ^a			0.91±0.17 ^a				
<i>G. lucidum</i>	3.66±0.42 ^b	1.66±0.16 ^b			0.84±0.11 ^a				
	micro-elements (µg/g)								
	Cu ²⁺	Ni ²⁺	Cd ²⁺	Pb ²⁺	Cr ³⁺	Mn ²⁺	Fe ²⁺	Zn ²⁺	
<i>G. applanatum</i>	22.05±4.76 ^a	2.51±0.39 ^a	0.82±0.09 ^a	2.22±0.27 ^a	17.46±3.06 ^a	43.00±8.78 ^a	0.37±0.08 ^a	21.09±2.63 ^a	
<i>G. lucidum</i>	22.05±1.73 ^a	4.18±1.16 ^a	1.79±0.06 ^a	3.70±0.93 ^a	18.52±0.79 ^a	21.34±1.88 ^b	0.62±0.12 ^a	35.69±3.27 ^b	

Values are expressed as mean ± SD
^{a,b} means in the same column for the specific element not sharing the same superscript are significantly different (p<0.01)

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Table 2 LC-MS/MS detection of phenolic compounds in examined extracts

Compound	Amount of compound detected (µg/g of dry fungal sample)			
	<i>G.applanatum</i> EtOH	<i>G.lucidum</i> EtOH	<i>G.applanatum</i> H ₂ O	<i>G.lucidum</i> H ₂ O
Phenolic compound				
<i>p</i> -hydroxybenzoic acid	3.82	8.30	<0.03*	1.90
Protocatechuic acid	6.40	22.20	1.40	0.90
<i>p</i> -Coumaric acid	0.316	0.50	<0.20*	<0.20*
Vanillic acid	11.40	6.30	4.50	<4.00*
Galic acid	2.10	0.50	0.40	<0.80*
Aesculetin	4.70	0.90	0.90	<0.20*
Caffeic acid	1.90	1.70	<0.20*	<0.20*
Quinic acid	2.90	6.20	2.50	2.50
Syringic acid	9.80	<3.60*	3.00	<1.60*

Bold number: amount of qualified phenolic compounds in examined extracts

* number: detected compound – peak observed, concentration is lower than the LoQ (limit of quantification), but higher than the LoD (limit of detection)

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Table 3 Antioxidant activity, TP and TF and correlations between TP and TF versus antioxidant activities of two *Ganoderma* species (mean ± SD)

Assay	<i>G. applanatum</i>		<i>G. lucidum</i>		
	EtOH	H ₂ O	EtOH	H ₂ O	
ABTS (mg TE/g d.w.)	328.80±1.16 ^a	58.48±2.27 ^c	151.40±1.07 ^b	23.30±2.15 ^d	
A.E.A.C. (mg AAE/g d.w.)	143.30±1.20 ^a	52.37±1.16 ^c	26.38±1.28 ^b	39.85±1.41 ^d	
TP (mg GAE/g d.w.)	191.76±1.30 ^a	21.07±0.42 ^c	60.11±1.98 ^b	11.38±0.67 ^d	
TF (mg QE/g d.w.)	17.47±0.79 ^a	8.34±0.90 ^d	10.82±0.37 ^b	9.08±0.41 ^c	
correlation coefficient - R ² *					
ABTS	TP	0.99*	0.89*	0.98*	0.80*
	TF	0.99*	0.87*	0.91*	0.94*
A.E.A.C.	TP	0.74*	0.73*	0.99*	0.91*
	TF	0.66*	0.76*	0.90*	0.92*

Legend:TP- total phenol content, TF- total flavonoid content
a,b,c,d- different letters in the same row indicate significant difference between extracts (p<0.01)
R²* - all values are statistically significant(p<0.05)

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Table 4 Antiproliferative activities of two *Ganoderma* species and correlations between TP and TF versus cytotoxic activities - EC₅₀ (mean ± SD)

Extracts	EC ₅₀ values (µg/mL)				
	24h		72h		
	EtOH	H ₂ O	EtOH	H ₂ O	
<i>G. applanatum</i>	100.56±0.71 ^b	278.59±1.03 ^d	84.71±1.01 ^a	139.22±1.13 ^c	
<i>G. lucidum</i>	148.40±1.03 ^a	238.62±0.95 ^d	164.22±1.08 ^b	214.15±1.30 ^c	
Ellagic acid	63.09±1.05 ^a		49.62±1.04 ^b		
DMSO	51.81±1.28 ^a		37.53±0.98 ^b		
		correlation coefficient - R ²			
MTT 24h	TP	0.98*	0.67*	0.90*	0.99*
	TF	0.71*	0.72*	0.44	0.43
MTT 72h	TP	0.99*	0.69*	0.91*	0.75*
	TF	0.73*	0.71*	0.44	0.44

Legend: EC₅₀—extract concentration required to inhibit cell growth by 50%, TP- total phenol content, TF- total flavonoid content
a,b,c,d- different letters in the same row indicate significant difference between extracts (p<0.01)
* -values are statistically significant (p<0.05)

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Supplementary data

LC-MS/MS data for standard compounds

Compound	Retention time (min)	Fragmentor voltage (V)	Precursor ion (m/z)	Product ion (m/z)	Collision energy (V)
<i>p</i> -hydroxybenzoic acid	1.08	80	137	93	10
Protocatechuic acid	0.79	105	153	109	9
<i>p</i> -Coumaric acid	1.69	90	163	119	9
Vanillic acid	1.24	100	167	108	15
Gallic acid	0.58	90	169	125	10
Aesculetin	1.13	105	177	133	15
Caffeic acid	1.18	100	179	135	10
Quinic acid	0.52	150	191	85	20
Syringic acid	1.31	90	197	182	7

Table 1 Content of macro - and micro-elements of two *Ganoderma* species

Fungal species	macro-elements (mg/g)							
	K ⁺	Ca ²⁺			Mg ²⁺			
<i>G. applanatum</i>	2.18±0.17 ^a	2.62±0.31 ^a			0.91±0.17 ^a			
<i>G. lucidum</i>	3.66±0.42 ^b	1.66±0.16 ^b			0.84±0.11 ^a			
	micro-elements (µg/g)							
	Cu ²⁺	Ni ²⁺	Cd ²⁺	Pb ²⁺	Cr ³⁺	Mn ²⁺	Fe ²⁺	Zn ²⁺
<i>G. applanatum</i>	22.05±4.76 ^a	2.51±0.39 ^a	0.82±0.09 ^a	2.22±0.27 ^a	17.46±3.06 ^a	43.00±8.78 ^a	0.37±0.08 ^a	21.09±2.63 ^a
<i>G. lucidum</i>	22.05±1.73 ^a	4.18±1.16 ^a	1.79±0.06 ^a	3.70±0.93 ^a	18.52±0.79 ^a	21.34±1.88 ^b	0.62±0.12 ^a	35.69±3.27 ^b

Values are expressed as mean ± SD

^{a,b} means in the same column for the specific element not sharing the same superscript are significantly different (p<0.01)

Table 2 LC-MS/MS detection of phenolic compounds in examined extracts

Compound	Amount of compound detected ($\mu\text{g/g}$ of dry fungal sample)			
	<i>G.applanatum</i> EtOH	<i>G.lucidum</i> EtOH	<i>G.applanatum</i> H ₂ O	<i>G.lucidum</i> H ₂ O
Phenolic compound				
<i>p</i> -hydroxybenzoic acid	3.82	8.30	<0.03*	1.90
Protocatechuic acid	6.40	22.20	1.40	0.90
<i>p</i> -Coumaric acid	0.316	0.50	<0.20*	<0.20*
Vanillic acid	11.40	6.30	4.50	<4.00*
Galic acid	2.10	0.50	0.40	<0.80*
Aesculetin	4.70	0.90	0.90	<0.20*
Caffeic acid	1.90	1.70	<0.20*	<0.20*
Quinic acid	2.90	6.20	2.50	2.50
Syringic acid	9.80	<3.60*	3.00	<1.60*

Bold number: amount of qualified phenolic compounds in examined extracts

* number: detected compound – peak observed, concentration is lower than the LoQ (limit of quantification), but higher than the LoD (limit of detection)

Table 3 Antioxidant activity, TP and TF and correlations between TP and TF versus antioxidant activities of two *Ganoderma* species (mean \pm SD)

Assay	<i>G. applanatum</i>		<i>G. lucidum</i>		
	EtOH	H ₂ O	EtOH	H ₂ O	
ABTS (mg TE/g d.w.)	328.80 \pm 1.16 ^a	58.48 \pm 2.27 ^c	151.40 \pm 1.07 ^b	23.30 \pm 2.15 ^d	
A.E.A.C. (mg AAE/g d.w.)	143.30 \pm 1.20 ^a	52.37 \pm 1.16 ^c	26.38 \pm 1.28 ^b	39.85 \pm 1.41 ^d	
TP (mg GAE/g d.w.)	191.76 \pm 1.30 ^a	21.07 \pm 0.42 ^c	60.11 \pm 1.98 ^b	11.38 \pm 0.67 ^d	
TF (mg QE/g d.w.)	17.47 \pm 0.79 ^a	8.34 \pm 0.90 ^d	10.82 \pm 0.37 ^b	9.08 \pm 0.41 ^c	
correlation coefficient - R ² *					
ABTS	TP	0.99*	0.89*	0.98*	0.80*
	TF	0.99*	0.87*	0.91*	0.94*
A.E.A.C.	TP	0.74*	0.73*	0.99*	0.91*
	TF	0.66*	0.76*	0.90*	0.92*

Legend:TP- total phenol content, TF- total flavonoid content
a,b,c,d- different letters in the same row indicate significant difference between extracts (p<0.01)
R²* - all values are statistically significant(p<0.05)

Table 4 Antiproliferative activities of two *Ganoderma* species and correlations between TP and TF versus cytotoxic activities - EC₅₀ (mean ± SD)

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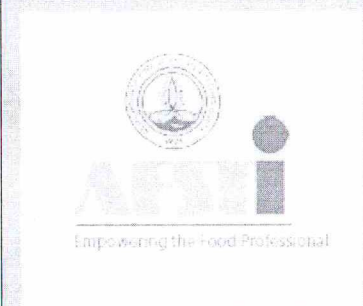
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