

- **TITLE:** Challenges of *Lactobacillus* fermentation in combination with acoustic screening for deoxynivalenol and deoxynivalenol conjugates reduction in contaminated wheat-based products
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# **Food Control**

# Challenges of Lactobacillus Fermentation for Deoxynivalenol and Deoxynivalenol Conjugates Elimination from Contaminated Wheat Grains --Manuscript Draft--

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| Abstract:             | This study was dedicated to apply biological treatment using Lactobacillus (LAB) fermentation separately or in combination with an acoustic screening method for the prevention of mycotoxins in Fusarium spp. contaminated wheat grains. Wheat grain samples of different contamination were treated separately using antimicrobial LAB strains (L. casei, L. plantarum, L. paracasei, and L. uvarum) and the changes on the level of deoxynivalenol (DON) and its conjugates such as 3-acetyldeoxynivalenol (3-ADON), 15-acetyldeoxynivalenol (15-ADON), and DON-3D-glucoside (D3G)) were evaluated using UHPLC-QqQ-MS/MS and UHPLC-Orbitrap-HRMS. Additionally, an acoustic device was used to analyse DON in the wheat raw samples (without treatment). High linear correlations were obtained between HPLC results and the penetrated acoustic signal amplitude (Ap) for DON and D3G (R2 = 0.85 and R2 = 0.82, respectively). The results of fermentation demonstrated that bio-treatment of contaminated wheat was very effective for DON and masked toxin reduction/or elimination from the media. Contaminated wheat grain fermentation using L. uvarum allowed to reduce DON and D3G content in the media up to 75.0% and 84.1%, respectively, while DON conjugates (3-ADON, 15-ADON) were completely eliminated. Fusarium spp. contaminated wheat grains demonstrated different enzymatic profiles (amylolytic, xylanolytic, and proteolytic) which could be related with biological degradation of mycotoxins during fermentation. The amylolytic and xylanolytic activities of fungi correlated well with DON content (R2 = 0.8235, R2 = 0.8694, respectively) as well as with D3G (R2 = 0.9314, R2 = 0.9937, respectively). The findings of this study indicate that bio-treatment of contaminated wheat could efficiently reduce Fusarium mycotoxin levels in wheat grain and improve the sustainability of grain production. The acoustic technique could identify DON as well as D3G contamination in raw wheat grains and is a promising tool in the wheat grain processing chain. |  |  |  |  |
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# Highlights:

- LAB fermentation decreased the amount of D3G in the media, on average, by 84.1%.
- In situ Lactobacillus fermentation of wheat reduced Deoxynivalenol by 37%.
- The most effective biological detoxification can be reached using *L. uvarum*.
- Rapid acoustic screening can be applied for DON and D3G analysis.

# Challenges of Lactobacillus Fermentation for Deoxynivalenol and Deoxynivalenol Conjugates Elimination from Contaminated Wheat Grains

**Running Title:** *Fusarium* spp. Contaminated Wheat Grains Detoxification using *Lactobacillus* Fermentation

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#### 1 ABSTRACT

2 This study was dedicated to apply biological treatment using *Lactobacillus* (LAB) fermentation 3 separately or in combination with an acoustic screening method for the prevention of 4 mycotoxins in *Fusarium* spp. contaminated wheat grains. Wheat grain samples of different 5 contamination were treated separately using antimicrobial LAB strains (L. casei, L. plantarum, 6 L. paracasei, and L. uvarum) and the changes on the level of deoxynivalenol (DON) and its 7 conjugates such as 3-acetyldeoxynivalenol (3-ADON), 15-acetyldeoxynivalenol (15-ADON), 8 and DON-3- $\beta$ -D-glucoside (D3G)) were evaluated using UHPLC-QqQ-MS/MS and UHPLC-9 Orbitrap-HRMS. Additionally, an acoustic device was used to analyse DON in the wheat raw 10 samples (without treatment). High linear correlations were obtained between HPLC results and the penetrated acoustic signal amplitude (Ap) for DON and D3G ( $R^2 = 0.85$  and  $R^2 = 0.82$ , 11 12 respectively). The results of fermentation demonstrated that bio-treatment of contaminated 13 wheat was very effective for DON and masked toxin reduction/or elimination from the media. 14 Contaminated wheat grain fermentation using L. uvarum allowed to reduce DON and D3G 15 content in the media up to 75.0% and 84.1%, respectively, while DON conjugates (3-ADON, 15-ADON) were completely eliminated. Fusarium spp. contaminated wheat grains 16 17 demonstrated different enzymatic profiles (amylolytic, xylanolytic, and proteolytic) which 18 could be related with biological degradation of mycotoxins during fermentation. The amylolytic and xylanolytic activities of fungi correlated well with DON content ( $R^2 = 0.8235$ , 19  $R^2 = 0.8694$ , respectively) as well as with D3G ( $R^2 = 0.9314$ ,  $R^2 = 0.9937$ , respectively). The 20 21 findings of this study indicate that bio-treatment of contaminated wheat could efficiently 22 reduce Fusarium mycotoxin levels in wheat grain and improve the sustainability of grain 23 production. The acoustic technique could identify DON as well as D3G contamination in raw 24 wheat grains and is a promising tool in the wheat grain processing chain.

*Keywords*: *Fusarium* spp.; biological detoxification; deoxynivalenol and masked toxins;
acoustic sensors; antimicrobial properties of *Lactobacillus*;

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#### 29 1. Introduction

30 The contamination of crops with mycotoxins is worldwide problem which impacts human 31 and animal health and causes economical losses due to the relevant damage for the food and feed processing chain (Stanciu et el., 2015; Guo et al., 2020). DON has drawn global attention 32 33 as it is one of the widest spread toxins of cereals and cereal-based products in food/feed 34 (Alizadeh et al., 2016; Gruber-Dorninger et al., 2019). Contamination with DON is different 35 in various continents and according to results from the 2019 mycotoxin survey in Europe more 36 than half of wheat samples (54.5%) were contaminated with DON (Biomin, 2019). 37 Consequently, strategies to reduce or eliminate DON in food/feed needs to be developed.

38 Deoxynivalenol (DON) is a secondary metabolite product of *Fusarium* spp. and belongs 39 to type B trichothecenes class. *Fusarium spp.* produces not only DON, but also two acetylated 40 DON metabolites such as 3-acetyl-deoxynivalenol (3ADON) and 15-acetyl-deoxynivalenol 41 (15ADON). Apart from these fungi metabolites, masked mycotoxins, with unpredictable 42 toxicity, can be formed by a plant as response to a fungal infection obtaining plant-derived 43 DON-glucoside (D3G). Masked mycotoxins appears to be dominant co-contaminants in 44 cereals, especially in wheat and barley, as well as in rye grains (Maul et al., 2012). DON is 45 highly susceptible to transformation, and the mutual transformation and formation of these 46 masked mycotoxins, particularly of D3G, can be potentially risky (Gratz 2017; Michlmayr et 47 al., 2017; Freire & Sant'Ana, 2018).

There is a lack of information about the toxicity of DON conjugates and their impact on human or animal health. As it is reported by Juan-Garcia et. al. (2018, 2019) 15-ADON is less toxic than 3-ADON, however, other studies found contrary results and indicated 15-ADON to

51 be more toxic (Pinton et al., 2012). According to European Food Safety Authority (EFSA, 52 2014) acetylated derivatives of DON (3-ADON and 15-ADON) might cause the same acute 53 and chronic effects as parent toxin DON. Furthermore, DON-3-glucoside can be reversed back 54 to DON by bacteria in the human gastrointestinal tract and reactivate its toxicity (EFSA, 2019). In humans as well as in animals, DON reduces food intake and nutrient absorption, induces 55 56 vomiting. Lower intake of food is caused by the intestinal factors, including the production of 57 pro-inflammatory cytokines and hormones (Terciolo et al., 2018). Concerning the protection 58 of consumers from health risks related to the intake of mycotoxins, national and European 59 legislative (European Commission, 2006) institutions have instated maximum tolerable levels 60 of DON in unprocessed cereals (1750 µg/kg), cereals intended for direct human consumption 61 and cereal flour (750 µg/kg), pasta (750 µg/kg), bread and other baked goods (500 µg/kg), 62 processed cereal-based foods (200 µg/kg). Due to high portions of D3G, transformed to its free form during digestion, masked toxins should be added to total DON exposure. In Europe, D3G 63 64 is routinely monitored, and European Food Safety Authority (EFSA) concludes a maximum 65 tolerable daily intake (TDI) of 1 µg/kg body weight/day for the sum of DON and its conjugates (3-ADON, 15-ADON, and D3G) (EFSA, 2019). 66

67 However, it can be difficult to control DON contamination (AWAD et al., 2010) because its accumulation in grain is significantly affected by environmental factors, occurring in the 68 69 field and spreading from pre-harvest to processing (Pitt et al., 2013). Therefore, the detection 70 of DON and its modified forms and prevention tools via inhibition of mycotoxin formation in 71 the earliest stage of the cereal processing chain should be seriously considered (Berthiller et 72 al., 2013; Brodehl et al., 2014). According to the results of Information Technology for 73 European Advancement 2 (ITEA2) Eureka project ACOUSTICS, considerable success in 74 controlling DON in wheat grains could be achieved using a rapid acoustic method and 75 developed acoustic technique (Juodeikiene et. al., 2014).

76 Assessing the major hazard of *Fusarium* mycotoxins to food safety and human/animal 77 health, new strategies for biological detoxification of crops, such as wheat, is relevant. 78 Approaches used to reduce mycotoxins produced by *Fusarium* high blind can be classified into 79 three categories: physical, chemical, and biological. However, the first two categories have 80 limited practical possibilities (Peng et al., 2018). Recently, the application of biodegradation 81 methods in food and feed processing has been a significant area of research. Bio-preservation 82 of grains, using microorganisms or their metabolites (acids, enzymes) resulted in inhibited 83 synthesis, absorbtion and structural destruction of DON, as well as enhanced safety of feed by 84 extending the shelf life (Pfliegler et al., 2015; Gao et al., 2018).

Fermentation is one of the oldest food processing technologies which is widely applied in food/feed preparation and positively influences nutritional, sensory and textural properties as well as increases the shelf life of final products (Verni et al., 2020). Thus, the application of lactic acid bacteria and their metabolites is a promising biotechnology to control mould development and mycotoxin accumulation in contaminated grains and by-products.

90 The mechanism of mycotoxin biological degradation can be related with microbial 91 conjugation as well as with enzymatic degradation (Ji et al., 2016; Li et al., 2020). This study 92 hypothesizes whether the decrease in mycotoxin concentrations could be related with the 93 enzymatic system of fungi in Fusarium spp. contaminated wheat at the initial stage which could 94 also affect the fermentation process as well as with the application of LAB with absorption 95 capabilities. Therefore, it is necessary to select microorganisms with the highest ability to 96 multiply in contaminated media in order to achieve the most effective biological detoxification. 97 Despite the growing interest to masked mycotoxins, their literature analysis, express screening, 98 and changes during fermentation, there is still lack of essential information to establish 99 effective prevention and control actions. Thus so far, acoustic sensors have been tested for the 100 detection of DON masked conjugates.

101 The main goals of this experiment are: (i) to study the effect of biological treatment using 102 LAB strains with antimicrobial activity on the changes of DON and its conjugates in *Fusarium* 103 spp. contaminated wheat grain; (ii) to evaluate the enzymatic activities of contaminated wheat 104 grains and their relationships with mycotoxin concentrations; (iii) to apply the acoustic method 105 for DON and its conjugates detection in contaminated cereals.

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107 **2. Materials and Methods** 

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109 *2.1 Samples* 

110 Uncontaminated wheat samples, as well as those infected by *Fusarium* spp., with different 111 levels of DON were were collected in the 2019 wheat harvest season from Northern Serbia, 112 the Autonomous Province of Vojvodina. The selection of wheat samples for this study was 113 based on naturally contaminated wheat samples with DON to covered a wide range of its 114 concentrations. The highest amount of cereals (wheat, maize, barley), in the Republic of Serbia, 115 is produced in Northern Serbia, which classifies this region as the main cereals growing area. 116 The level of contamination was determined by high-performance liquid chromatography 117 (HPLC-TOF-HRMS, Bruker, Germany) and is presented in Table 1. All samples were placed 118 in a sealed plastic bags, transferred in a cooler (4-6°C) and stored in a freezer at -18°C.

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#### 120 2.2 High-Performance Liquid Chromatography

High-performance liquid chromatography coupled to time of flight high-resolution mass
spectrometry (HPLC-TOF-HRMS, Bruker, Germany) was applied for mycotoxin (in μg/kg)
analysis. The following mycotoxins, in wheat grain samples, were analysed: DON, D3G, 3 ADON and 15 - ADON.

125 The samples were prepared using a modified QuEChERS method. HPLC-TOF-HRMS analysis was performed on an UltiMate 3000 (Thermo Fisher Scientific, USA) High 126 127 performance liquid chromatography (HPLC) system coupled to a compact Q-ToF time-of-128 flight mass spectrometer (Bruker, Germany). Chromatographic separation was performed on a reversed-phase analytical column (Kinetex C<sub>18</sub>, 1.7  $\mu$ m, 100 Å, 50  $\times$  3.00 mm; Phenomenex, 129 USA) at a 0.35 mL min<sup>-1</sup> flow rate. The analysis was performed in positive full scan mode for 130 131 all mycotoxins over the m/z scanning range from 50 to 1000. The mass extraction window 132 applied for quantification purposes was set to  $\pm$  5 ppm at 10,000 full-width half-maximum 133 (FWHM) resolution. Data acquisition was controlled by HyStar 3.2 software (Bruker Daltonik 134 GmbH, Bremen, Germany), and data analysis was performed with QuantAnalysis 4.3 software 135 (Bruker Daltonik GmbH, Bremen, Germany). Mycotoxin detection limits were as follows: 136 DON (m-LOD 20 µg/kg), D3G (m-LOD 20 µg/kg), 3-ADON (m-LOD 10 µg/kg), and 15-137 ADON (*m*-LOD 10 µg/kg).

138

#### 139 2.3 Acoustic Method for DON Screening in Cereals

140 DON contamination levels in wheat samples (12-13% humidity, determined using AACC 141 method 44-15, 2000) were screened using a brand new at-line and off-line portable acoustic 142 spectrometer with penetration (Juodeikiene et. al., 2014). The spectrometer measures, in 143 relative units, the amplitude of the acoustic signal (Ap) that penetrates the sample matrix over 144 the frequency range of 10–60 kHz. The duration of each measurement was  $\sim$ 10 seconds. The 145 test was carried out by placing a 200 g portion of sample grains into a plastic vessel, whose 146 base was covered by sound-transmitting material. The thickness of the grain layer was 50 mm, 147 with a diameter of 80 mm. The impact of DON, determined by HPLC, and Ap was performed. 148

#### 149 2.4 Enzymatic Profiles of Wheat Grain Samples

*Amylolytic* activity was determined according to ICC Standard Method 108 (ICC, 1998). *Xylanolytic activity* was determined using the DNS (3.5-dinitrosalicylic acid) method (Bailey et al., 1992). One unit of endoxylanase activity (XU) was defined as the amount of enzyme required to release 1 micromole of xylose equivalents from 1% birchwood endoxylan (Roth, Germany) per 1 minute under the assay conditions used (pH 4.5, 40°C). *Proteolytic activity* was carried out as described by (Cupp-Enyard, 2008) using 0.65% (w/v) casein as a substrate.

157 2.5 LAB Fermentation Process of Wheat Grain Samples

Five different LAB strains (*Lactobacillus brevis* No. 173, *Lactobacillus casei* No. 210, *Lactobacillus plantarum* No. 135, *Lactobacillus paracasei* No. 244, and *Lactobacillus uvarum* No. 245), isolated from a spontaneous rye sourdough, were provided by the Lithuanian University of Health Sciences (Bartkiene et al., 2020). The LAB samples were stored at -70°C in 25% glycerol solution. LAB samples were refreshed and propagated in a de Man, Rogosa, and Sharpe (MRS) broth (CM 0359, Oxoid Ltd, Hampshire, UK) for 48 hours at their optimal temperature (30°C).

165 Wheat samples (W1 - W6) were grounded in a laboratory mill (Bühler-Miag Brunswick, Germany) and used for LAB fermentation. Each sample (50 g) was mixed with distilled water 166 to reach moisture of 65%, then a 3% (w/v) of the LAB cells were inoculated into a fresh 167 168 medium. Inoculated wheat samples were incubated anaerobically under stationary conditions 169 for 24h at 30°C in the thermostat (TC160, SalvisLab Thermocenter, IL, USA). During LAB 170 fermentation, the grain samples were subjected to microbiological and enzymatic profiles and 171 pH analysis. The determinations of LAB and mould/yeast (M/Y) counts in by-products were performed according to (Bartkiene et al., 2019). The residue of the fermented wheat samples 172 173 was lyophilized following fermentation and stored under dry, dark conditions for mycotoxin analysis by HPLC-TOF-HRMS. Initial contaminated cereal samples without fermentationwere used as a control.

For acidity analysis of fermentation process a pH electrode was used for pH
measurements (PP-15; Sartorius, Göttingen, Germany).

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179 2.6 Statistical Analysis

The results were expressed as the mean  $(n = 5) \pm \text{standard deviation (SD)}$ . To evaluate the effects of the different by-products, their different treatments, and the quantity of additives used on bread quality parameters, the data were analysed by multivariate analysis of variance (ANOVA). In order to quantify the strength of the relationship between the variables a linear Pearson's correlation was determined. The correlation coefficients were calculated using the statistical package SPSS for Windows (v15.0, SPSS, Chicago, Illinois, USA), and results were recognised as statistically significant at  $p \le 0.05$ .

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#### 188 **3. Results and Discussion**

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190 3.1. Relationship Between Acoustic Screening Method and HPLC

In the analysed wheat samples using HPLC-TOF-HRMS, three DON conjugates were obtained: D3G, 15-ADON, and 3-ADON. A relatively large difference in DON levels were noticed for the single DON conjugates. In the sample of wheat 6 (W6) with highest DON amount (1330  $\mu$ g/kg), D3G content was six times lower in than DON, followed by 15-ADON (178  $\mu$ g/kg), while 3-ADON contained the least (34  $\mu$ g/kg). The majority of the less contaminated wheat samples contained significantly lower amounts of DON conjugates compared with their free form. The acoustic technique, validated on a single laboratory as previously reported (Juodeikiene et al., 2014), with the selected optimal frequency of 32.6 kHz, was applied for the initial DON content analysis of contaminated wheat grains. A strong linear relationship between DON (Figure 1A), as well as D3G (Figure 1B), content, measured by HPLC-TOF-HRMS, and the amplitude of the acoustic signal (Ap) in the various contaminated wheat samples ( $R^2 = 0.85$ ; 0.82, p < 0.05, respectively) was obtained.

204 This study confirmed that DON conjugates co-occur with its free forms in wheat grains. 205 DON is the parent mycotoxin formed in the plant by fungi and masked toxins are the 206 metabolites of the DON (EFSA, 2014). The most studied masked toxin D3G is the phase II 207 metabolite of DON and it is less toxic than parent mycotoxin. However, it can be reversed back 208 to DON by human colonic microbiota (Jin et el., 2018). Up till now the level of D3G is not 209 regulated in cereal and its products. Therefore, the ratio of D3G/DON should be taken into 210 consideration because D3G can be converted to DON and reactive its toxicity (Simsek et al., 211 2013). In our studies, the D3G/DON ratio in analysed wheat samples were between 17% and 212 30%. These results are in agreement with other authors, showing that D3G in wheat has been 213 found at relative proportions of 20-70% of free DON (Guo et al., 2020). Several studies 214 indicated that the level of D3G contamination reached half that of DON in cereals and cereal 215 by-products. D3G often co-occur with DON in crops, cereal-based food, and feed products in 216 high proportions (up to 100%) and at concentrations ranging from 2–1700 µg/kg (Berthiller et 217 al., 2005b; Hajslova, 2008; Sasanya et al., 2008; Kostelanska et al., 2011; Vendl et al., 2010; 218 Desmarchelier & Seefelder, 2011; Li et al., 2011; Malachova et al., 2011; De Boevre et al., 219 2012; Berthiller et al., 2013; Simsek et al., 2013). The ratio of D3G/DON reached 20% in 220 grains and even exceeded 100% after processing (Berthiller et al., 2005a; Berthiller et al., 2013; 221 Varga at al., 2013).

222 The ratio of D3G/DON varied between the level of DON contamination of wheat samples. 223 The results indicate that samples of wheat (W1-W5) with lower DON levels (68.8-786 µg/kg) 224 had higher D3G/DON ratio (on average by 22.7%) and sample (W6) with highest DON level 225 (1330 µg/kg) had lower D3G/DON ratio (on average by 16.7%). These results are in agreement 226 with findings of Lemmes et al. (2016) who reported that the amount of D3G is relative to DON 227 contamination and samples with the lowest DON contamination show the highest level of D3G. 228 Whereas this masked toxin is hazardous to human and animal health, the levels of D3G should 229 be taken into account because if undetected it could cause risk in food/feed safety especially in 230 the products contaminated with lower level of DON or near the maximum allowed limit.

231 Obtained acoustic results are in agreement with previous studies, which indicated strong 232 relationship between the amount of scabby kernels and DON content in wheat (Juodeikiene et 233 al., 2014). Fungal damaged grains become more porous and shrivel (in case of wheat they 234 become scabby). For corn kernels, which were affected by A. flavus shrivelling is less prevalent 235 in comparison to wheat grains because corn kernel pericarp is sturdier (Juodeikiene et al., 236 2020). Upon harvest, a mixture of healthy and shrivelled grains (or more porous kernels) 237 occurs. As can be observed form other experiments, the terms of air-flow resistivity, porosity 238 and tortuosity describes the acoustic behaviour of porous granular media. Furthermore, it was 239 found that the mechanism of sound absorption significantly depends on particle size and shape 240 in beads of cereal grains (Guo et al., 2005). Therefore, it is advisable to use developed 241 equipment during the harvesting, where usually dominates one genotype of cereal (with same 242 particle size and shape). This study showed additional possibilities of acoustic sensors for 243 screening DON conjugates, as well.

So far, country-specific emergence data on masked mycotoxins on a global scale is very limited and causes a final risk assessment impossible. In order to achieve unequivocal determination of the mycotoxicological load in food and feedstuff, continuous global surveys

of masked mycotoxins are imperative. Therefore, the application of a rapid method for maskedtoxin screening is highly important.

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3.2 The Effect of LAB Fermentation on the biological detoxification of Fusarium spp.Contaminated Wheat Grains

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Alternative biotechnological means for detoxification of *Fusarium* spp. contaminated cereals and mycotoxin reduction are still under research. Lately, considerable interest in the application of LAB strains with antimicrobial activity for the bioconversion of cereal biomasses to more safety products has surfaced, which could by applied for food and feed preparation. The effect of biological treatment on the growth of LAB and pH changes under different contamination levels in the media is an essential point for the mechanism of mycotoxin degradation.

260 In this study, evaluation of LAB viability on contaminated *Fusarium* spp. wheat grains has 261 been considered. Microbiological analysis of the fermented wheat grains with different 262 contamination revealed that externally added cultures as well as contamination of raw material 263 affects the process of fermentation (Table 2). A great reduction in LAB count from 8.50 to 7.61 264  $\log_{10}$  CFU/g was measured with L. casei in samples with low contamination (DON >69 µg/kg), respectively, compared to the sample with high DON content (<1330µg/kg). L. plantarum and 265 266 L. paracasei have not shown significant response to medium contamination. The lowest 267 sensitivity for contamination was observed with L. uvarum, showing an increase in multiplication from 8.77 (68.8  $\mu$ g/kg DON) to 9.99 (1330  $\mu$ g/kg DON). 268

In this study, some fermented samples contained LAB cells within ranges reported by other authors (Rizzello et al., 2019, Xu et al., 2019). The slower growth of this LAB strain in the contaminated medium could have a negative effect on the formation of organic acids. However,

272 most LAB strains, such as *L. uvarum*, *L. paracasei*, and *L. plantarum*, remain active in 273 contaminated grain samples and accumulated well in organic acids by reducing the medium 274 pH value to <3.5. Though, for the initial sourdough fermentation stage, the pH was within 275 values in average 6.00 (Table 2).

Antimicrobial LAB occurs as starter cultures and as a part of the natural microbial population during fermentation process in the food/feed industry. One of the most preferred properties of LAB as a starter culture for fermented product processes is quick acid production (Şimşek et al., 2006; Clarke et al., 2002). Antimicrobial activity of LAB is related to its low pH and production of organic acids, such as lactic, sorbic, formic, propionic and benzoic acids. In fact, the metabolites produced by antimicrobial *lactobacillus* strains were pH-dependent (Rizzello et al., 2011).

Research during the past decades has demonstrated that there is a synergistic effect among combinations of organic acids or organic acids combined with proteinaceous compounds (Corsetti et al. 2007). The antifungal activity of *Lactobacillus casei* AST18 demonstrated a synergistic effect with lactic acid and the cyclopeptides (Li et al., 2012), explaining the broad-spectrum antifungal ability of this LAB strain against fungi and yeasts in food and feed (Ström et al., 2002).

Efficiency of the fermentation process was analysed by qualitative and quantitative composition of DON and its conjugates using different LAB strains, as well as wheat grains with different contaminations (Figure 2A–D). Regression analysis was carried out for all the strains, in order to characterize their bioconversion ability after 24 hours of fermentation under optimal conditions.

The results obtained in quantitative DON analysis confirmed the biotransformation degree (qualified as the average amount of DON) of the fermented material to be lower by 50% compared to the reference sample (control; Figure 2A). The application of fermentation

resulted in lower amounts of DON by 56.7% in highly contaminated grain samples (1330  $\mu$ g/kg 297 298 DON) compared to the bio-treated lower contaminated grain sample with prevailing amounts 299 of DON (<800 µg/kg). According to the obtained results, a significant reduction in DON by 4, 300 2.4, 3, and 1.65 times, respectively, using fermentation can be achieved with the application of 301 *L. uvarum* at different cereal contamination levels (1330, 786, 504, and 314 µg/kg of DON). 302 With the application of L. casei, L. plantarum, and L. paracasei, the amount of DON in the 303 highly contaminated (1330  $\mu$ g/kg) fermented samples decreased by 42%, 56.6%, and 53.1% 304 compared to the control samples with wheat material but no bio-treatment.

305 Qualitative analysis of masked trichothecene revealed a significant reduction of D3G, 3-ADON, and 15-ADON in the LAB-fermented material samples. The amount of D3G in the 306 307 fermented samples decreased, on average, by 84.1% (Figure 2B) compared to the control 308 samples without bio-treatment. Furthermore, other DON conjugates, such as 15-ADON and 3-309 ADON, were not identified, respectively, in the L. uvarum and L. brevis and L. casei and L. 310 paracasei fermented samples (Figure 2C, D). According to the obtained results, most of the 311 strains were able to remove several masked toxins, but considerable differences among these 312 strains were still observed. According to Muhialdin et al. (2020), detoxification level of LAB depends on the density and viability of LAB cell as well as pH of the medium. These 313 314 characteristics varied significantly between the LAB strains. The response of LAB strains to 315 the level of the medium contamination is different between the microorganisms. This 316 phenomenon has been proved in this study by testing the LAB grow intensities on tested 317 samples.

The obtained results are in agreement with studies from (Niderkorn et al. 2006), which described the abilities of twenty-nine LAB strains, including *L. rhamnosus* strain GG, to remove mycotoxins (such as DON and fumonisins B1 and B2) in sub-acidic medium. Up to 55% removal was achieved for DON by *Lactobacillus delbruekii* ssp. *bulgaricus*, while 322 removal by L. rhamnosus strain GG was around 54% (Niderkorn et al., 2006). Trichothecenes, such as DON, 3-ADON, nivalenol (NIV), diacetoxyscirpenol (DAS), fusarenon (FX), T-2 323 324 toxin (T-2), and HT-2 toxin (HT-2), elimination possibilities were analysed by (El-Nezami et 325 al., 2002). The obtained results confirmed that Lb. rhamnosus GG, Lb. rhamnosus LC-705, and Propionibacterium freudenreichii ssp. shermanii JS were able to trap seven trichothecenes 326 327 from liquid media. The authors demonstrated that the efficiency of LAB to remove trichothecenes (20 µg/ml) varied significantly, depending on the toxins and LAB strains 328 329 considered. The most effective strain showed the ability to bind four of the seven toxins tested, 330 as no degradation products were detected. The percentage of bound toxins varied between 18% 331 and 93% (El-Nezami et al., 2002). None of the LAB was capable of binding 3-ADON. The 332 novelty of this research is that fermentation with L. uvarum strain proofed a very positive effect 333 on elimination of DON as well as its masked toxins from the wheat raw material.

According to reviewed research, the biological elimination of mycotoxins in fermentation media can be achieved using several mechanisms such as by absorption of viable LAB cells or mycotoxins degradation could be caused by LAB produced enzymes and obtained metabolites (Muhialdin et al., 2020; Zadeike et el., 2021).

Enzymatic activities of fungi in contaminated raw cereal also could play an important role in the degradation mechanism of mycotoxins during LAB fermentation, converting them into non-toxic compounds. Therefore, in the next stage of the experiment, the enzymatic profiles of contaminated raw wheat samples were investigated and their relationship with mycotoxins has been taken into considerations.

343

344 3.3 Biochemical Changes Related to Mycotoxin Degradation During LAB Fermentation and
345 the Reduction of DON and its Conjugates

At this stage of the experiment the enzymatic activities (amylolytic, endoxylanolytic and proteolytic) of contaminated wheat samples were determined before fermentation. The results of enzymatic activity studies in grain raw material with different contamination and are presented in Table 3.

351 Obtained results demonstrates that with the increase of DON and D3G in wheat grains 352 the activity of amylases also increases, showing a very strong positive relationship between these mycotoxins and amylolytic activities ( $R^2 = 0.8235$ ,  $R^2 = 0.9314$ , respectively). Amylase 353 354 activity increased on average by 20% with increasing 3ADON in wheat samples and a weak correlation was observed between the analyzed parameters ( $R^2 = 0.3559$ ). No statistically 355 356 significant change was observed between 15ADON and amylase activity ( $R^2 = 0.1135$ ). 357 Additionally, the same tendency was observed that with increasing concentration of mycotoxin 358 contamination, xylanase activity in the studied samples also increased. A very strong positive 359 correlation was found between DON and D3G mycotoxin content in wheat and xylanase 360 activity ( $R^2 = 0.8694$ ;  $R^2 = 0.9937$ , respectively). Meanwhile, a moderate positive relationship 361 was found between 3-ADON and xylanase activity ( $R^2 = 0.4879$ ). The effect of 15-ADON-362 producing fungi on xylanase activity was found to be insignificant ( $R^2 = 0.0513$ ).

An increase in proteolytic activity was also observed with increasing mycotoxin levels in the samples. Samples with the highest DON and D3G levels indicated the highest proteolytic activity. However, weak direct relationship was found between these mycotoxins (DON and D3G) and proteolytic activity ( $R^2 = 0.3948$ ;  $R^2 = 0.4311$ , respectively). Meanwhile, microscopic fungi producing other mycotoxins (3-ADON and 15-ADON) are not thought to have protease activity ( $R^2 = 0.0734$ ;  $R^2 = 0.3249$ , respectively). In all cases, higher enzymatic activities were observed in the samples with higher levels of DON and D3G contamination.

370 On the basis of the aforementioned microorganism, we assumed that some active 371 enzymes of fungi may be also responsible for the degradation of DON. According to the 372 literature, fungi is a source of enzymes that are capable of converting mycotoxins into less toxic or non-toxic products and have the potential to be used to increase the safety of 373 374 agricultural products or as additives in feed production (Li et al., 2020). The enzymes 375 specifically exert a degradation effect on DON by destroying its structure and resulting in toxic and nontoxic metabolites (Juodeikiene et al., 2012). Furthermore, our results show that the 376 377 highest decontamination level was achieved by application of L. uvarum strain, which was the 378 least sensitive for contamination in the media and showed the ability to multiply most 379 effectively during the 24h fermentation process. This phenomenon could explain that the 380 mechanism of mycotoxins reduction could be related to absorption by viable LAB cells. 381 Regarding pH, significant differences have been found between this factor and fungi/mould 382 growth, as well as DON and its conjugates in contaminated wheat samples. The pH effect was 383 shown to be related to many factors, such as substrate, mould strains, incubation temperature, 384 incubation period, and the occurrence of competing microflora (Gourama & Bullerman, 1995). 385 LAB strains, such as L. uvarum, demonstrated highest grow activity and pH changes during 386 fermentation; the elimination of toxins was also most efficient. The reduction of pH in the 387 media shows that reduction of Fusarium mycotoxins in contaminated wheat could be also 388 caused by LAB enzymes and obtained metabolites.

Most probably, mycotoxin elimination includes a combination of microbial conjugation and enzymatic degradation, both of which can be achieved by biological systems. However, the mechanism and products of degradation or conjugation have yet to be evaluated.

This study confirmed, that biological detoxification of mycotoxins is an alternative strategy in sustainable food chain with a possibility to reduce the contamination in food/feed, increase the safety of the products and to avoid economical losses. Our findings indicate that the microorganisms are playing important role in the elimination of mycotoxins in contaminated wheat and traditional fermentation could be improved by using selected LAB 397 strains, e.g. *L. uvarum*, in order to significantly reduce contamination in raw material. This
398 strategy could be applied for the development of fermented products in food/feed industry
399 (Muhialdin et al., 2020). Moreover, the combination of LAB strains with different enzymatic
400 approaches for decontamination of wheat samples could be developed, as well.

401

#### 402 **4.** Conclusions

403 Crop contamination is global issue in food safety and the most found contaminant in 404 wheat is deoxynivalenol (DON). Our findings on the strategy of reducing *Fusarium* spp. 405 mycotoxins in wheat grain shows that biological detoxification can be achieved by application 406 of fermentation using LAB strains with antimicrobial activity which successfully reduces or 407 eliminates DON and its conjugates (D3G, 3-ADON and 15-ADON) from the media.

The level of decontamination of the samples depends on the LAB strain used for biotreatment. The most effective reduction of DON and D3G as well as elimination of conjugates such as 3-ADON and 15-ADON indicated *L. uvarum* strain which was the least sensitive for contaminated media and maintained to multiply effectively.

Our study demonstrate that amylolytic and xylanolytic activities strongly correlate with DON ( $R^2 = 0.8235$ ,  $R^2 = 0.8694$ , respectively) and D3G contents ( $R^2 = 0.9314$ ,  $R^2 = 0.9937$ , respectively), thus the mechanism of mycotoxin degradation in wheat grain could be related not only with microbial conjugation but also with enzymatic degradation of mycotoxins. Consequently, future research is needed to evaluate the products of degradation or conjugation. These findings in biological mycotoxin elimination, separately or in combination with

418 acoustic screening of raw material, lead themselves to increase cereal processing efficiency 419 and sustainability in the food and feed production chain. The application of rapid methods, 420 such as broadband capacitive acoustic sensors, are still very attractive solutions for *Fusarium* 421 mycotoxins prevention in wheat grains. High correlations were obtained between acoustic

- 422 screening method and HPLC for DON and D3G ( $R^2 = 0.85$ ,  $R^2 = 0.82$ , respectively). We 423 conclude that this acoustic penetration spectrometer is wider-ranging and can be applied not 424 only for DON monitoring and also for D3G conjugate.
- 425
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| 657 | Figure | cantions. |
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| 057 | riguic | capuons.  |

| 659 | Figure 1. Relationship between DON (A) and D3G (B) contents in wheat grain samples and |
|-----|--|
| 660 | acoustic signal amplitude.   |

| 662 | Figure 2. | The | effect | of | fermentation | using | antimicrobial | LAB | ( <i>L</i> . | casei, | L. | paracasei, | L. |
|-----|-----------|-----|--------|----|--------------|-------|---------------|-----|--------------|--------|----|------------|----|
|-----|-----------|-----|--------|----|--------------|-------|---------------|-----|--------------|--------|----|------------|----|

- 663 plantarum, and L. uvarum) on DON (A), D3G (B), 3-ADON (C), and 15-ADON (D) content
- 664 in different *Fusarium* spp.-contaminated wheat samples (W1–W6).



|                     |               |            |                    | in which sumptost |  |
|---------------------|---------------|------------|--------------------|-------------------|--|
| Samples             | DON, µg/kg    | D3G, µg/kg | g 3-ADON,          | 15-ADON, µg/kg    |  |
|                     |               |            | µg/kg              |                   |  |
| W1                  | 68,8          | 20,4       | 18                 | 189               |  |
| W2                  | 504           | 151        | 14,9               | 89,5              |  |
| W3                  | 314           | 58,1       | 11                 | 108               |  |
| W4                  | 786           | 159        | 23,8               | 81,6              |  |
| W5                  | 453           | 72,3       | 21                 | 148               |  |
| W6                  | 1330          | 222        | 34                 | 178               |  |
| W wheat complex DON | I door univel | anal D2C   | doorumivalanol 2 a | hugerides 2 ADON  |  |

| Table 1                 |   |
|-------------------------|---|
| The levels (µg/kg d.m.) | of mycotoxins detected by HPLC-TOF-HRMS in wheat samples. |

W - wheat sample; DON – deoxynivalenol; D3G - deoxynivalenol-3-glucoside; 3-ADON - 3-acetyldeoxynivalenol and 15-ADON - 15-acetyldeoxynivalenol; Results are presented as means  $\pm$  SD reported in dry basis (n = 3).

## Table 2

Influence of 24 h fermentation with *L. casei, L. plantarum, L. paracasei*, and *L. uvarum* strains in different contaminated (DON 68.8–1330) wheat grain samples (W1-W6).

| Samples        |    | рН              | LAB $\log_{10}$ CFU g <sup>-1</sup> | YMC log <sub>10</sub> CFU g <sup>-1</sup> |
|----------------|----|-----------------|-------------------------------------|---|
|                | W1 | $5.99\pm0.08$   | -                                   | $2.48 \pm 0.03$                           |
|                | W2 | $6.04\pm0.06$   | -                                   | $2.70 \pm 0.12$                           |
| Control        | W3 | $5.93 \pm 0.10$ | -                                   | $2.30 \pm 0.09$                           |
| Control        | W4 | $6.00\pm0.09$   | -                                   | $2.00 \pm 0.10$                           |
|                | W5 | $6.02 \pm 0.07$ | -                                   | $2.00 \pm 0.11$                           |
|                | W6 | $6.01\pm0.08$   | -                                   | $3.08 \pm 0.15$                           |
|                | W1 | $3.47 \pm 0.13$ | $8.50 \pm 0.05$                     | $4.69 \pm 0.08$                           |
|                | W2 | $4.01\pm0.09$   | $8.05 \pm 0.03$                     | $5.89 \pm 0.05$                           |
| <del>,</del> . | W3 | $3.71 \pm 0.10$ | $8.02 \pm 0.09$                     | $5.36 \pm 0.10$                           |
| L. casei       | W4 | $3.91 \pm 0.11$ | $7.68 \pm 0.07$                     | $6.02 \pm 0.11$                           |
|                | W5 | $3.57 \pm 0.04$ | $7.73 \pm 0.10$                     | $5.65 \pm 0.09$                           |
|                | W6 | $3.63 \pm 0.10$ | $7.61 \pm 0.08$                     | $6.34 \pm 0.07$                           |
|                | W1 | $3.41 \pm 0.16$ | $8.75 \pm 0.15$                     | $4.39 \pm 0.10$                           |
|                | W2 | $3.38 \pm 0.01$ | $9.02 \pm 0.12$                     | $4.12 \pm 0.11$                           |
| I plantarum    | W3 | $3.37 \pm 0.13$ | $8.92 \pm 0.09$                     | $4.63 \pm 0.09$                           |
| L. planarum    | W4 | $3.48 \pm 0.12$ | $8.83 \pm 0.11$                     | $4.48 \pm 0.10$                           |
|                | W5 | $3.50 \pm 0.07$ | $8.24 \pm 0.13$                     | $5.16 \pm 0.11$                           |
|                | W6 | $3.49 \pm 0.09$ | $9.17 \pm 0.10$                     | $4.23 \pm 0.10$                           |
|                | W1 | $3.44 \pm 0.12$ | $8.40 \pm 0.15$                     | $4.46 \pm 0.12$                           |
|                | W2 | $3.46\pm0.09$   | $8.65 \pm 0.09$                     | $5.38 \pm 0.10$                           |
| <i>T</i> .     | W3 | $3.43 \pm 0.11$ | $8.34 \pm 0.10$                     | $5.34 \pm 0.09$                           |
| L. paracasei   | W4 | $3.57 \pm 0.04$ | $8.77 \pm 0.19$                     | $5.98 \pm 0.10$                           |
|                | W5 | $3.38\pm0.08$   | $8.50\pm0.20$                       | $4.87\pm0.07$                             |
|                | W6 | $3.50 \pm 0.10$ | $8.80 \pm 0.11$                     | $5.12 \pm 0.11$                           |
|                | W1 | $3.38 \pm 0.15$ | $8.77\pm0.03$                       | $4.16\pm0.09$                             |
| L. uvarum      | W2 | $3.24 \pm 0.09$ | $9.70\pm0.10$                       | $3.99\pm0.05$                             |
|                | W3 | $3.25 \pm 0.08$ | $9.97\pm0.09$                       | $4.06\pm0.07$                             |
|                | W4 | $3.41 \pm 0.10$ | $9.32 \pm 0.11$                     | $3.97\pm0.08$                             |
|                | W5 | $3.27 \pm 0.12$ | $8.75 \pm 0.13$                     | $4.57\pm0.10$                             |
|                | W6 | $3.45 \pm 0.06$ | $9.99 \pm 0.08$                     | $3.23\pm0.08$                             |

Control - initial wheat samples (before fermentation).

LAB - lactic acid bacteria count.

YMC – yeast and mould count.

Data expressed as mean values  $(n = 5) \pm SD$ 

| Samples  | Amylolytic Xylanolytic  |                     | Proteolytic activity, |  |  |  |
|--|-------------------------|---------------------|-----------------------|--|--|--|
|  | acitivity, AU/g         | activity, KU/g      | PU/g                  |  |  |  |
| W1   | $203.25\pm4^{a}$        | $98.297\pm3^{a}$    | $142.14 \pm 11^{a}$   |  |  |  |
| W2   | $408.40 \pm 11^{b}$     | $135.531 \pm 4^{a}$ | $179.67 \pm 6^{b}$    |  |  |  |
| W3   | $315.87\pm6^a$          | $109.805 \pm 6^{a}$ | $187.95 \pm 5^{b}$    |  |  |  |
| W4   | $411.14 \pm 12^{b}$     | $141.652 \pm 3^{a}$ | $183.87\pm6^{b}$      |  |  |  |
| W5   | $333.95 \pm 16^{a}$     | $110.529 \pm 6^{a}$ | $189.08 \pm 3^{b}$    |  |  |  |
| W6   | $478.84 \pm 11^{\rm c}$ | $157.343 \pm 1^{b}$ | $186.34 \pm 2^{b}$    |  |  |  |
| W - wheat sample; Results are presented as mean values $\pm$ SD (n = 3). <sup>a-c</sup> Means within a |                         |                     |                       |  |  |  |
| column with different superscript letters are significantly different ( $p < 0.05$ );                  |                         |                     |                       |  |  |  |

 Table 3

 Enzymatic profile of *Fusarium* spp. contaminated wheat samples at the initial stage of the experiment.

## **Declaration of interests**

 $\boxtimes$  The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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